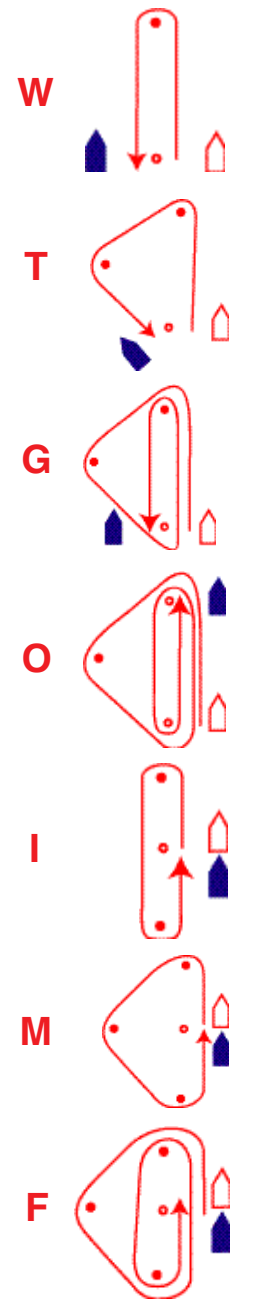


**Standard Courses**  
 Start  
 Finish





# QUISSETT YACHT CLUB

Quissett Harbor, Falmouth, Massachusetts

## 2010 Sailing Instructions



**RULES:** Current USSA rules will govern at all times, except as modified by Sailing Instructions listed herein, or the Quissett Yacht Club Yearbook.

**COURSE SIGNALS:** The course to be sailed will be displayed by the committee boat. If more than one class is to start, the upper course will be for the first class, the next highest for the second class, and so forth.

**COURSES:** Letters **A, D, E, H, J, S, Y & Z** designate Quissett Yacht Club marks in position as indicated on the racing chart. Letters **B, C, K, L, Q & V** designate government marks as indicated. **X, X<sub>1</sub>, X<sub>2</sub>**, etc. indicate drop marks to be identified by oral instructions. When these letters are displayed the marks are to be rounded in the order that the course letters read from left to right. When more than one turning mark is indicated, each should be passed on the side farther from the next mark. If only one turning mark is indicated, it should be left to port. The **number 2** will indicate that the course is to be sailed twice around. On courses sailed twice around, the buoy at the end of the starting line (not the committee boat) shall be the turning mark. A colored panel may be displayed on the committee boat with the course letters to indicate which side a mark is to be passed. This panel will refer only to the mark it immediately follows. A **red panel** indicates the mark is to be left to port, a **green panel** to starboard.

Letters **W, T, G, O, I, M & F** indicate standard courses as diagrammed. The course letter may be followed by a number or fraction and the approximate compass bearing to the first mark. A number or fraction (**1/3, 1/2, 2 etc.**) indicates that the course is to be continued for additional legs (for example, **T 1 1/3** indicates a triangle plus an additional windward leg to the finish. These courses use **drop marks** unless oral instructions indicate otherwise.

**ORAL INSTRUCTIONS:** Oral instructions may be given either at a meeting at which all crews to participate in the race or series are represented, or from the committee boat after displaying code flag **L**.

**START AND FINISH:** The starting and finishing lines, unless otherwise specified, will be between the mark-side mast on the committee boat and a nearby mark. The starting line must be crossed in the direction of the first mark and the finish line in the direction from the last mark.

After a warning signal has been made other classes must keep completely clear of the starting area and starting boats. Failure to do so may result in disqualification.

### STARTING SIGNALS:



Handicap  
Class Flag



S Boat  
Class Flag



H  
Class Flag



Preparatory Flag  
(Code Flag P)

All classes will have a separate 5-minute starting sequence as follows:

• Warning signal	5 minutes	Class Flag up	horn
• Preparatory Signal	4 minutes	Preparatory Flag up	horn
• One Minute	1 minute	Preparatory Flag down	long horn
• Start	Start	Class Flag down	horn

A race must have at least two starters.

**RACING NUMBERS:** Each boat that races must show its racing number on its mainsail.

**TIME LIMIT:** For all races, unless special rule to the contrary, if no boat finishes within **2 1/2 hours** of the starting signal for its class, the race shall be abandoned and may be ordered resailed at another date. A boat not finishing within three hours of the starting signal for its class may be scored DNF. The time limit for special series or cup races will be at the discretion of the Race Committee.

**PROTESTS:** H Class boats must use protest flags. All protests are to be made in writing and given to a member of the Protest Committee before 6:00 p.m. of the day following the race.

**EQUIPMENT AND CREW:** As a minimum, the following equipment must be carried by all classes:

Pump or bailer, paddle or oars, adequate anchor and line, horn, Coast Guard approved non-inflatable life jackets for all aboard, adequate compass, and protest flag.

A club member must be on board each boat racing.

### QYC MODIFICATIONS TO 2008 H CLASS RULES

Spinnaker car and track on the front of mast may be used to adjust spinnaker pole position.

Single-handed racing is allowed in the Wednesday Series. Single-handers may not use spinnakers.

**SPECIAL RACES:** Junior races and some trophy races have special rules which are in the QYC Yearbook.

**POINT SCORING SYSTEM:** The low point scoring system (Rule A4) shall apply. First place will be scored one point, second place two points, third place three points and so on. A boat that withdraws or doesn't finish will be scored "DNF" and assigned one more point than the number of starters in the race. A boat that is disqualified from a race will be scored "DSQ" and assigned one more point than the number of starters in the race. For six-race series, the best four races count for each boat. For four-race series, the best three races count. To qualify in a series a boat must sail at least the number of races that count for that series. Incomplete series shall be scored as outlined in the QYC Yearbook. Ties will be resolved according to Rule A8. Normally it is the boat that counts in series standings; however, an individual may race a series in different boats if he/she informs the Race Committee in advance.

The **"720"** rule (Rule 44) will apply.

### CODE FLAGS:

**C** Change of course while racing; after rounding this mark, the course to the next mark has been changed.

**L** Come within hail; follow committee boat.

**I** The "One minute rule" (Rule 30.1) is in effect. (Removed with one long sound signal one minute before the starting signal)

**M** This boat or buoy replaces that usually on station.

**N** All races abandoned. Follow RC instructions.

**P** Preparatory flag

**S** Shorten course here. Finish the race between nearby mark and the committee boat. (Two sound signals)

**X** Individual recall; will remain flying until all yachts have started correctly or until 4 minutes have elapsed from the start of that class. (One sound signal)

**Y** Life jackets or other adequate personal buoyancy shall be worn while racing by all competitors unless specifically excepted in the sailing instructions. (Two sound signals)

**First Substitute** General recall; Class just started is recalled for a fresh start. (Two sound signals)

**Answering Pennant** Postponement: All races not started are postponed until later (Two sound signals); The warning signal will be made one minute after this signal is lowered (One sound signal)